

BATTLING SUBSTANCE USE DISORDER IN OUR COMMUNITIES

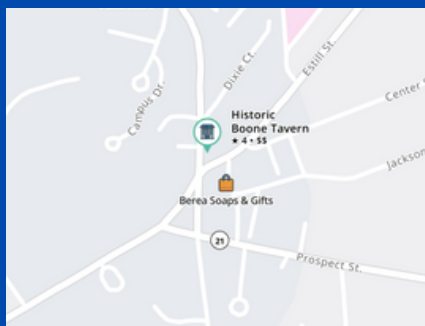
Audience: Nurses , Nurse
Educators, Nursing and Allied
Health Students

Space is Limited
Register Early
call
859-985-3380



Registration fee
\$100 for non-Berea College Employees
20% Discount for Berea Alumni
*includes light breakfast & lunch

SEPTEMBER 9, 2025
9:00 A.M. - 4:00 P.M.
BOONE TAVERN EVENT CENTER
BEREA, KENTUCKY



<https://www.mapquest.com/search/boone%20tavern%20event%20center>

This program is sponsored by the
Margaret Fox Memorial Psychiatric
Nursing Lecture Fund

Guest Speakers

- Dr. Alexander Elswick
- Dr. Terry Bunn
- Dr. Chizimuzo (Zim) Okoli
- Ms. Sarret Seng
- Dr. Lori Ogden
- Ms. Sherry McCulley-Hall
- Ms. Tina Hoskin
- Ms. Lisa Sosnin
- Ms. Joyce Johnson



NURSING CONTINUING EDUCATION CREDIT
SUBMITTED FOR APPROVAL
PRESENTED BY BERA COLLEGE DEPARTMENT OF NURSING

BATTLING SUBSTANCE USE DISORDER IN OUR COMMUNITIES

NURSING CONTINUING EDUCATION CREDIT
SUBMITTED FOR APPROVAL

PRESENTED BY BEREA COLLEGE DEPARTMENT OF NURSING



SEPTEMBER 9, 2025
9:00 A.M. - 4:00 P.M.

BOONE TAVERN EVENT CENTER
BEREA, KENTUCKY

**BEREA
COLLEGE**
NURSING

ORDER OF PRESENTATION:

9:00 a.m. - 10:00 a.m. Harm Reduction and Pathways of Recovery of Substance Use Disorder (SUD) Dr. Alexander Elswick

Learning Outcomes:

1. Define harm reduction as a practice and as a philosophy.
2. Consider the variety of pathways of recovery from SUD.
3. Describe harm reduction as a pathway of recovery from SUD.

10:00 a.m. - 10:15 a.m. Break

10:15 a.m. - 11:00 a.m. Substance Use Disorder and Mental Health Treatment and Recovery Sources Dr. Terry Bunn

Learning Outcomes:

1. Identify online platforms available to search for substance use disorder and mental health treatment and recovery related sources.
2. Utilize available community resources for persons with substance use disorder seeking harm reduction, treatment, or recovery.
3. Verbalize recovery housing needs to drive action and match to available resources.
4. Identify recovery support services associated with substance use disorder recovery.

11:15 a.m. - 12:00 p.m. Tobacco and Cannabis Use Disorders Dr. Chizimuzo Okoli & Sarrett Seng, BA, BSN, RN

Learning Outcomes:

1. Define tobacco and cannabis use disorders.
2. Describe the prevalence of tobacco and cannabis use in Kentucky with a focus on people with mental health challenges.
3. Discuss evidence-based treatment recommendations for tobacco and cannabis use disorders.

12:00 p.m. - 1:00 p.m. Lunch

1:00 p.m. - 1:30 p.m. A Mother's Experience of Loss Dr. Lori Ogden

Learning Outcome:

Appreciate the compelling experience of a mother who lost a son to SUD.

1:30 p.m. - 2:00 p.m. Motivational Interviewing Principles and Techniques Sherry McCulley-Hall, MSN, RN

Learning Outcome:

Use motivational interviewing principles and techniques for persons with SUD.

2:00 p.m. - 2:15 p.m. Break

2:15 p.m. - 2:45 p.m. The Journey From Impaired Nurse to Sobriety and Practice
Tina Hoskin, AD, RN

Learning Outcome:

Acknowledge the journey of the practicing nurse recovering from SUD including strategies for mental and physical health and burnout prevention.

2:45 - 3:15 p.m. The Kentucky Alternative Recovery Effort (KARE) Program for Nurses
Lisa Sosnin, BSN, RN

Learning Outcomes:

1. Recognize substance use disorder in nurses.
2. Discuss the role of the KBN in assisting nurses in their recovery and return to safe nursing practice.

3:15 p.m. - 3:45 p.m. Naloxone (Narcan) Training
Joyce Johnson, RN

Learning Outcomes:

1. Explain the purpose, mechanism of action, indications and expected response of Naloxone (Narcan) use.
2. Demonstrate Naloxone (Narcan) use for emergency treatment of drug overdose .

3:45 p.m. - 4:00 p.m. Program Evaluation

OUR SPEAKERS:



ALEXANDER ELSWICK, PHD

University of Kentucky Assistant Professor & Extension Specialist for Substance Use Prevention & Recovery.

Dr. Alex Elswick is a tireless advocate for people with substance use disorders. He currently serves the University of Kentucky as an Assistant Professor and Extension Specialist for Substance Use Prevention and Recovery. Alex is a trained researcher, recovery coach, and mental health therapist, as well as the co-founder of Voices of Hope, a peer-driven recovery community organization. And most importantly, Alex himself is a person in long-term recovery from the chronic disease of addiction.



TERRY BUNN, PH.D.

Professor, Epidemiology and Environmental Health, University Research Professor, Former Director, Kentucky Injury Prevention and Research Center, University of Kentucky, College of Public Health

Dr. Terry Bunn, received her PhD from Cornell University. Dr. Bunn has been a faculty member since 2005 was director from 2010 to 2025. Her research interests are in the areas of drug overdose prevention, particularly SUD treatment and recovery support interventions, and occupational injury prevention. She has over 75 peer-reviewed publications and several trade journal publications. She is the Principal Investigator of the Evaluation of the Kentucky Access to Recovery Strategy, Co-Principal Investigator of the CDC National Center for Injury Prevention and Control-funded Overdose Data to Action Program, and Co-investigator of the Health Resources and Services Administration- funded Rural Center of Excellence in Recovery Housing.



CHIZIMUZO (ZIM) OKOLI, PHD, MPH, MSN, APRN, PMHNP-BC, FAAN

Professor, University of Kentucky College of Nursing, Executive Director of Mental and Behavioral Health, Co-Director Tobacco Treatment & Prevention, Director of Behavioral Health Research and Evidence based Practice, Nurse Scientist Behavioral Health UKHealthcare

Dr. Okoli serves as the executive director for the Behavioral Health and Wellness Environments for Living and Learning (BHWELL) program. He also directs both the Behavioral Health Research & Evidence-Based Practices services and the Tobacco Treatment Services at Eastern State Hospital, a state-psychiatric facility in Lexington, KY. He is Psychiatric-Mental Health Nurse Practitioner with New Horizons psychiatry. In 2021, he was inducted as a Fellow of the American Academy of Nursing and in 2022, he was inducted into the Sigma International Researcher Hall of Fame. He just completed a three-year term, from 2022 to 2024, serving as President-elect, President, and immediate Past President of the American Psychiatric Nurses Association. Along with being a nationally certified tobacco treatment provider, he is internationally recognized for his research on tobacco control policies and tobacco treatment program development, implementation, and evaluation.



SARRET SENG, BA, BSN, RN

PhD Candidate, Research Assistant with Behavioral Health Wellness Environments for Living and Learning, University of Kentucky, President, Kentucky Chapter of The American Psychiatric Nurses Association (APNA)

Sarret Seng recently led the planning and execution of the APNA statewide conference which focused on addressing substance use and behavioral addictions. With a background in psychiatric nursing, Sarret's research interests include examining how tobacco and cannabis use affects clinical insight among individuals living with serious mental illnesses. Sarret has presented her work nationally and internationally and is committed to conducting translational research examining evidence-based strategies for substance use treatment among vulnerable communities.



LORI OGDEN, PHD, BSN, RN, RNC-OB

Berea College Assistant Professor of Nursing

Dr. Lori Ogden has over 20 years of clinical experience in both high-risk Labor and Delivery and Antepartum nursing. She also has a background in Adult Health Medical-Surgical nursing care. Before coming to Berea, Dr. Ogden worked for nearly 22 years as a staff nurse and charge nurse at Baptist Health Lexington. Dr. Ogden has fulfilled a lifelong goal by becoming faculty here at Berea. She is passionate about preparing nursing students for the profession that has been such an integral part of her life. Her interests outside of teaching involve a renewed passion for making quilts, crafting, spending time with family and being a beach slug.



SHERRY MCCULLEY-HALL '81, BSN, MSN, RN (RET.)

Clinical Nurse Specialist, Nurse Educator

Sherry McCulley-Hall received a Master of Science Degree as a Clinical Nurse Specialist from the University of North Carolina-Charlotte in 1994. In 2005 she received the award as Clinical Nurse Specialist of the Year from the Veterans Administration (VA) where she spent 15 years as an advanced practice nurse. During that time, she developed programs to educate and empower veterans to become active participants in their health care. Sherry's proudest accomplishment is the development of the Veterans Integrative Pain Management Program at the Charles George VA Medical Center in Asheville, NC. This program uses non-traditional medicine (acupuncture, chiropractic, aromatherapy, Reiki and Healing Touch) as non-opioid pain treatment alternatives. In 2005 she received the award as Clinical Nurse Specialist of the Year from the Veterans Administration (VA) VISN 6 where she spent 15 years as an advanced practice nurse. Prior to her retirement in 2019, she spent 20 years of her career as a nurse educator.



TINA HOSKIN, AD, RN

Acute Hemodialysis Nurse

With over 25 years of nursing experience, Tina is a dedicated and compassionate RN specializing in telemetry, hemodialysis, and acute care. Since May 2022, she has worked as a hemodialysis nurse, providing specialized care to patients with kidney conditions requiring dialysis treatment. Throughout her career, she has committed herself to delivering high-quality, patient-centered care, earning the trust of her colleagues and the gratitude of the patients she serves. In addition to her professional expertise, she is a proud advocate for addiction recovery. Sober since May 1, 2019, she uses her personal journey to inspire and uplift others who are on similar paths. She actively mentors individuals in sobriety and regularly speak at sober living environments, sharing her story to offer hope and guidance. Her unique combination of clinical knowledge and personal resilience allows her to connect deeply with those she serves—whether in the hospital or in the recovery community. Her life and work stand as a testament to the power of perseverance, compassion, and healing.



LISA SOSNIN, BSN, RN

Compliance Nurse-Investigator, Compliance Branch KBN

Lisa Sosnin is a nurse investigator and case manager with the Kentucky Board of Nursing (KBN) Compliance Branch. She works with nurses participating in the Kentucky Alternative Recovery Effort (KARE) for Nurses Program and nurses monitored by the Board due to disciplinary action against their nursing license. She received her RN associate degree in nursing from Big Sandy Community and Technology College in Prestonburg, KY in 2006, her Bachelor of Science in Nursing Degree from Indiana Wesleyan University in 2020. Prior to her work at the KBN, she worked as an office manager for a busy family practice in Bardstown, KY. Previous nursing experience include working in the Open-Heart and ICU at Norton Audubon Hospital in Louisville, KY. Lisa has a passion for helping nurses establish solid habits in their recovery journey from addiction. It is her hope to provide more information and education on the effects of SUD on nurses and their families to others.



JOYCE JOHNSON, MSN, APRN, AGNP-C, CARN-AP

Clinical Director of Outpatient Services, Stepworks

Joyce is a graduate of University of Louisville's Masters in Nursing program with a concentration in Adult-Geriatric Primary Care. She also earned a post-graduate certificate in Substance Use Disorder Treatment from Drexel University and is board certified in Adult Geriatric Primary Care and Addiction. She is the Clinical Director of Outpatient Services for Stepworks Recovery Centers and operates a rural health clinic providing primary care, behavioral healthcare, and infectious disease treatment to patients with SUD and their loved ones. She serves as Education Committee Chair for the Kentucky Association of Independent Recovery Organizations. She wrote and was awarded an RCORP grant to create a mobile medical clinic serving rural central Kentucky. She is active in advocacy working with federal legislators on opioid legislation, participated in round table discussions on the opioid epidemic and spoke at the Kentucky Opioid Abatement Commission's Opioid Summit, is a frequently sought-after presenter for conferences and guest lectures, and has presented her programs to the National Academies of Science, Engineering, and Medicine as a best practice model for the intersection of substance use treatment and infectious disease treatment. She was honored as the AANP State of Excellence Kentucky Nurse Practitioner of the Year in 2024.