### NorthKey's Nicotine-Free Policy

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### History of NorthKey's Policy

- ► The Joint Commission Standard:
  - ► EC.02.01.03: The organization prohibits smoking except in specific circumstances.
    - ► The organization develops a written policy prohibiting smoking in buildings, except in specific circumstances for adult individuals served in 24-hour-care settings. The organization defines specific circumstances that may result in exceptions to the policy for individuals served.
    - ▶ The organization takes action to maintain compliance with its smoking policy.





#### Policy & Procedure

Policy #: S 004 Writ	ten By	: Safet	y Committee
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Date:	01/02/87	<u>Rvsd</u> :	09/15/08
Rvsd:	02/01/98	<u>Rvwd</u> :	11/15/10
Rvsd:	02/24/00	<u>Rvwd</u> :	10/17/11
Rvsd:	04/23/03	<u>Rvwd</u> :	08/07/12
Rvsd:	01/31/06	Rvwd:	06/25/13
Rvsd:	12/13/06	<u>Rvwd</u> :	05/28/14
Rvsd:	08/06/15	Rvsd:	04/11/16
Rvwd:	08/02/17	Rvwd:	04/09/18
Rvwd:	08/20/20	Rvwd:	11/02/21

#### SUBJECT: "NO SMOKING/SMOKELESS TOBACCO" POLICY

#### STATEMENT OF POLICY:

In the interest of good health, NorthKey Community Care has joined other area health care providers in becoming smoke-free. A smoke-free policy is endorsed by the Greater Cincinnati Health Council and the Academy of Medicine of Cincinnati and is a required standard for health care providers accredited by the Joint Commission on Accreditation of Health Care Organizations. Therefore, smoking is not permitted in any service area of the organization or on the grounds of any NorthKey under any circumstances. The use of smokeless tobaccos such as chewing tobacco and snuff are also prohibited.

### STATEMENT OF PROCEDURE:

Smoking is not permitted on the premises of any NorthKey location. Staff and clients may smoke in their cars on NorthKey property, but cigarette butts must be disposed of within the car. This prohibition includes smokeless tobacco and electronic cigarettes.

# Certified Community Behavioral Health Clinic (CCBHC)

Improved Tobacco Screening Tobacco Cessation Interventions Tobacco Treatment Specialists Increased
Training for
Staff

Tobacco Prevention Class Quality
Measures and
Reporting

Community Partnerships

## 2023 State Tobacco Control Community of Practice

- NorthKey's existing policy was reviewed
- Reviewed NorthKey's 2019 Tobacco Policy & Use Survey results
- Encouraged moving to a more comprehensive policy
  - ▶ BH WELL resources
  - ▶ UCSF Toolkit & BHWP Nicotine-Free Policy Toolkit
- NorthKey reviewed existing policy and incorporated recommendations
- Draft policy was reviewed and approved by NorthKey's Executive Committee
- Nicotine-Free Policy formally approved on May 24, 2023
- Staff educated on new policy and available resources



### SUBJECT: NICOTINE-FREE POLICY

### STATEMENT OF POLICY

As a provider of health care services, NorthKey Community Care (hereafter NorthKey) is committed to the health and well-being of all clients, providers, staff, contractors, guests, and visitors on our premises. To uphold this commitment, NorthKey is taking a leadership role regarding the major public health concern presented by nicotine use. NorthKey has joined other area health care providers in becoming nicotine-free. A nicotine-free policy is endorsed by the Greater Cincinnati Health Council and the Academy of Medicine of Cincinnati and is a required standard for health care providers accredited by the Joint Commission on Accreditation of Health Care Organizations.

### STATEMENT OF PROCEDURE

The use of recreational nicotine tobacco products and e-cigarettes is not permitted by any individual in any service area of the organization or on the grounds of any NorthKey location under any circumstances. This policy includes but is not limited to cigarettes, cigars, pipes, chewing tobacco, snuff, and electronic cigarettes. This policy does not cover the use of FDA-approved nicotine-containing cessation products used for the purposes of ceasing or reducing the use of recreational nicotine products or maintaining abstinence while on NorthKey property. Under no circumstance should staff use nicotine with or provide nicotine to clients. Staff and clients may smoke in their cars on NorthKey property, out of sight of clients, but cigarette butts must be disposed of within the car.

### ENFORCEMENT OF VIOLATIONS

The use of nicotine products--other than those approved use for pharmacotherapy—on the property grounds of NorthKey is a violation of this policy. Violations by staff will be addressed following the Employee Progressive Disciplinary Process. Staff will be informed of nicotine cessation resources that may be available as part of NorthKey's Employee Assistance Program. Clients and visitors who violate the policy will be informed of the nicotine-free policy and asked to discontinue their nicotine use on NorthKey property immediately. Nicotine treatment resources will be offered, including addressing nicotine use as part of individual therapy using Cognitive Behavioral Therapy and Motivational Interviewing. Clients may also be referred internally for pharmacotherapy for smoking cessation. Clients and visitors who refuse to discontinue their nicotine use on NorthKey property will be asked to leave unless involved in an imminent crisis that creates a risk of harm for the client or another person.

### Thank you!

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