# SBIRT Continuing Education

### **Course Overview**

This FREE (ADD SOURCE OF CE) continuing education program is intended to:

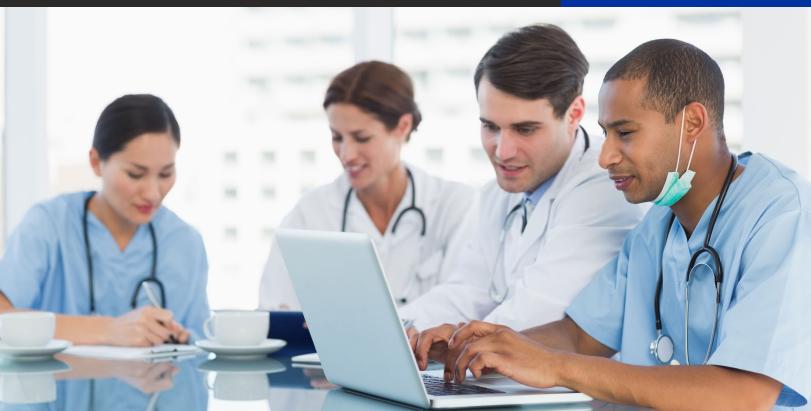
- Provide an overview of the Screening, Brief Intervention, and Referral for Treatment (SBIRT) method .
- Describe how direct patient care is one of the most convenient points of contact for screening, counseling and referring at-risk patients to care.
- Provide an overview of Motivational Interviewing as a way of communicating with patients and families about reducing the risks of substance use.

The course provides health professionals with up-to-date, relevant information about SBIRT as well as supportive Motivational Interviewing techniques. The course provides health professionals with communication strategies to assist patients who wish to reduce their at-risk behaviors.

# Convenient 1-hr. workshop. Registration closed.

## Target Audience

- ∂ Nurses
- ∂ Social Workers
- ∂ Psychologists
- Other Health
  Professionals





This activity is jointly provided by the University of Kentucky College of Nursing and the Kentucky State Medicaid Program.

#### Meet Your Faculty



Dianna Inman DNP, RN, APRN, CPNP-PC, PMHS, PMHNP-BC University of Kentucky College of Nursing Lexington, Kentucky Assistant Professor



Peggy El-Mallakh PhD, RN, PMH, APRN-BC University of Kentucky College of Nursing Lexington, Kentucky Associate Professor Publications (ADD LINK)

#### **Module Outline**

6 modules varying in length from 15 to 40 minutes

- Module 1: Radon and Health
- Module 2: Sources of Radon
- Module 3: Radon Testing and Mitigation to Protect Health
- Module 4: Public Health Responses to Frequently Asked Questions
- Module 5: Radon Policy and What Health Professionals Need to Know
- Module 6: What Patients

#### Upon completion of this activity, participants will be able to:

- 1. Describe the components of Screening Brief Intervention and Referral for Treatment (SBIRT).
- 2. Identify current trends and types of substance use.
- 3. Define and describe health disparities and contextualize health inequities in alcohol use disorder.
- 4. Support low risk healthy living and identify persons at high risk or who may have a substance use disorder.
- 5. Screen, counsel and refer patients who are at-risk and need specialized treatment.
- 6. Provide answers for frequently asked questions from patients and their support.

Workshop Date: April 19, 2019

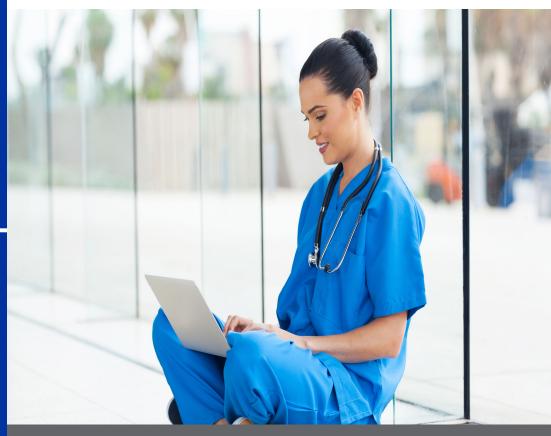
CE Provided for Psychology , Social Work and Nursing

This course is approved for 1.0 contact hours.

#### Cost: FREE

Estimated Time to Complete: 1 hours

If you need special assistance, please contact Carla Flippin at carla.flippin@uky.edu.



#### Faculty Disclosure

Dr. Inman and Dr. El-Mallakh have no relevant financial relationships to disclose . No planners or content reviewers have any relevant financial relationships to disclose. Content review confirmed that the content was developed in a fair, balanced manner free from commercial bias. Disclosure of a relationship is not intended to suggest or condone commercial bias in any presentation, but it is made to provide participants with information that might be of potential importance to their evaluation of a presentation. Financial support for this training has been provided by the Kentucky State Medicaid Program.