

**Research and Practice
Initiatives Day**

Eastern State Hospital presents:

Compassion

JUNE 12, 2019
DOUBLETREE SUITES, LEXINGTON KY

Eastern State Hospital
MANAGED BY UK HEALTHCARE



WELCOME

CASSIE BROWN, MSW, LCSW
EASTERN STATE HOSPITAL
RESEARCH COUNCIL CHAIRPERSON

Compassion is the ability to have concern for the suffering of others. It guides us to better understand our fellows, but more than that, it drives us to seek ways to alleviate their suffering. The history of behavioral health is a history of compassionate innovation. We are always seeking better ways to improve the lives of those we serve: to put our compassion into action. Like all creative pursuits, it requires the ability to look for novel solutions, to take the perspective of others, and to believe that something new and better is possible.

We are joined today by some of those people at the crossroads of compassion and innovation in topics ranging from suicide to substance abuse. We are honored to have with us today presenters who are making a difference within Kentucky and across the nation. Today we are joined by a leading expert in the prevention of suicide, which, according to the American Association of Suicidology, remains the 10th leading cause of death in the United States—and the 2nd leading cause of death for young people. The clinical screening tools developed by the Columbia Lighthouse Project are considered a gold standard for the assessment of suicidality.

We are joined by Kentuckians working towards an effective response to the opioid crisis. The Ohio Valley region (Kentucky, Ohio, and West Virginia) continues to have some of the highest rates of death due to drug overdose in the nation according to the CDC, with a rate of 37.2% of Kentuckians dying per 100,000 people of drug overdose.

We are also joined by innovative clinicians from within Eastern State Hospital and UK HealthCare who create compassionate responses to some of the issues faced on a daily basis by the vulnerable persons we serve. Our compassion extends to all elements of the behavioral health system.

We are delighted that you have chosen to join us for RAPID this year and look forward to sharing today's program with you.



Agenda (AM)

8:00 am

Registration

Atrium

8:30 am

Welcome: Mayor Linda Gorton, RN

Ballroom

8:40 am

Plenary: *An Overview of the Kentucky Opioid Response Effort (KORE)*
Allen J. Brenzel, MD, MBA

Ballroom

9:30 am

Morning Break

Atrium

9:45 am

Plenary: *Suicidality and The Columbia Protocol (C-SSRS)*
Adam Lesser, LCSW

Ballroom

11:15 am

Acknowledgements and Awards

Ballroom

11:30 am

Luncheon

Atrium

Noon

Special Session: 2018 RAPID Research Awardee

Evidence-Based Practice in Mental Health: What Providers Need to Know
Chizimuzo Okoli, PhD, MPH, MSN, RN, CTTS

Ballroom



Agenda (PM)

1:00 pm

Ballroom

Poster Session I

1:30pm

Ballroom

Podium 1: *SMART Program and Opioid Use Disorder* Lindsey Jasinski, PhD

2:00pm

Atrium

Afternoon Break

2:15pm

Ballroom

Podium 2: *Average Length of Stay and Risk of Readmission, Complications, and Mortality at the Hospital Level in Psychiatric Patients* Samantha Zwiebel, MD

2:45pm

Ballroom

Podium 3: *Tobacco Treatment within the Inpatient and Outpatient Settings: Nicotine Withdrawal Management, Tobacco Engagement Pamphlets, Community-Based Quit and Win* Yazan Al-Mrayat, MSN, RN, Madelyn Strong, Kaitlyn French, BA, Chizimuzo Okoli, PhD

3:15pm

Ballroom

Poster Session 2

3:45pm

Ballroom

Wrap-Up and Closing Remarks

PLENARY SESSIONS

ALLEN J. BRENZEL, MD, MBA
MEDICAL DIRECTOR, KY DEPT. FOR BEHAVIORAL HEALTH
ASSOC. PROFESSOR, PSYCHIATRY AND PEDIATRICS
UNIVERSITY OF KENTUCKY



An Overview of the Kentucky Opioid Response Effort (KORE)

Overview of National and state opioid epidemic. Review the prevention, treatment, recovery, and infrastructure necessary to address the problem.

Suicidality and the Columbia Protocol (C-SSRS)

ADAM LESSER, LCSW
DEPUTY DIRECTOR,
THE COLUMBIA LIGHTHOUSE PROJECT

The learning objectives are:

1. Explain how screening with the C-SSRS can be used to identify at-risk individuals and identify steps taken to implement a comprehensive screening program that includes targeted and public health approaches to prevention.
2. Describe how utilizing a systemic best practice measurement, the C-SSRS, to identify suicidal ideation and behavior results in improved identification and precision, which ultimately saves lives.
3. Learn the types of suicidal ideation and the four behaviors that are predictive of imminent risk, how to administer the C-SSRS full and screener scales and list long and short term risk and protective factors.

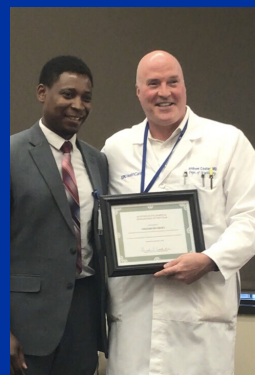


RAPID RESEARCH AND PODIUM PRESENTATIONS

RAPID 2018 RESEARCH AWARD PRESENTATION

Evidence-Based Practice in Mental Health: What Providers Need to Know

Zim Okoli, Ph.D, MPH, MSN, RN, CTTS
Associate Professor, University of Kentucky



Objectives:

1. Define evidence-based practice in relation to mental healthcare.
2. Describe a model for implementing evidence-based mental healthcare.
3. Present 2 case examples of research based on the steps of evidence-based practice in mental healthcare.

Podium Sessions

1: *SMART Program and Opioid Use Disorder* **Lindsey Jasinski, PhD, Elizabeth Riley, MS**

2: *Average Length of Stay and Risk of Readmission, Complications, and Mortality at the Hospital Level in Psychiatric Patients* **Samantha Zwiebel, MD**

3: *Tobacco Treatment within the Inpatient and Outpatient Settings: Nicotine Withdrawal Management, Tobacco Engagement Pamphlets, Community-Based Quit and Win* **Yazan Al-Mrayat, MSN, RN, Madelyn Strong, Kaitlyn French, BA, Chizimuzo Okoli, PhD**



POSTER SESSIONS

Poster Session 1

- a) *Hunger and Agitation in the Behavioral Health Setting* Kevin Bryant, BSN, May Whitman, MSN
- b) *Coordinated Clinical Supervision: An Inpatient Behavioral Health Perspective* Lella Still, LCSW, Carly Dickinson, LCSW, Mary Bethany West, LCSW, Stephanie Clark, LCSW
- c) *Outcome Measures for Recovery Mall Program Evaluation* Frances Howard, MS, OTR/L, Cassie Brown, MSW, LCSW, Ameer Osbon, MS, OTR/L, Lindsey Jasinski, PhD, Andrew Lane, CTRS, Jessie Wilson, Sean Reilley, PhD
- d) *Neurocognitive Profiles of Individuals with Schizophrenia Spectrum Disorders in an Inpatient Psychiatric Setting* Elizabeth R. Wallace, MS

Poster Session 2

- a) *Intellectual Disability, Autism Spectrum Disorder & Problem Sexual Behaviors* Katibeth Sharp, MS
- b) *Cardio Drumming: A Recreational Therapy Intervention for Mental Health* Jessica Herwig, CTRS, Allison Jones, CTRS
- c) *Happiness and Employee Engagement* Michelle Van Outer, BSN, RN, Teresa Lockett, BSN, RN



*Please submit paper evaluations
for CE credit.*

Please evaluate the entire conference here:

tiny.cc/2019RAPIDeval

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Share your favorite ideas from today using:
#ESH2019RAPID

THANK YOU FOR JOINING US!

Eastern State Hospital

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