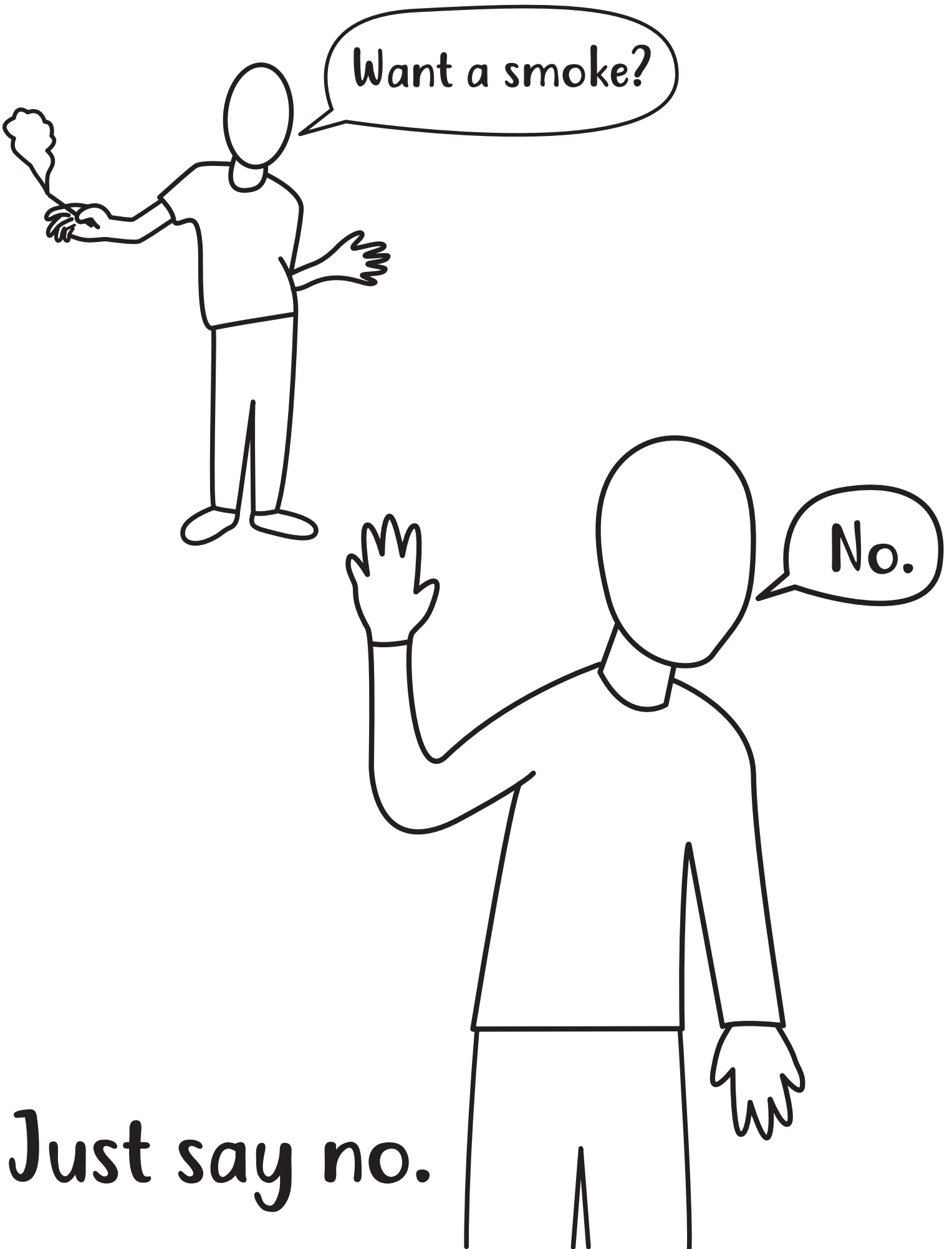


Bee Smart! Don't Start.

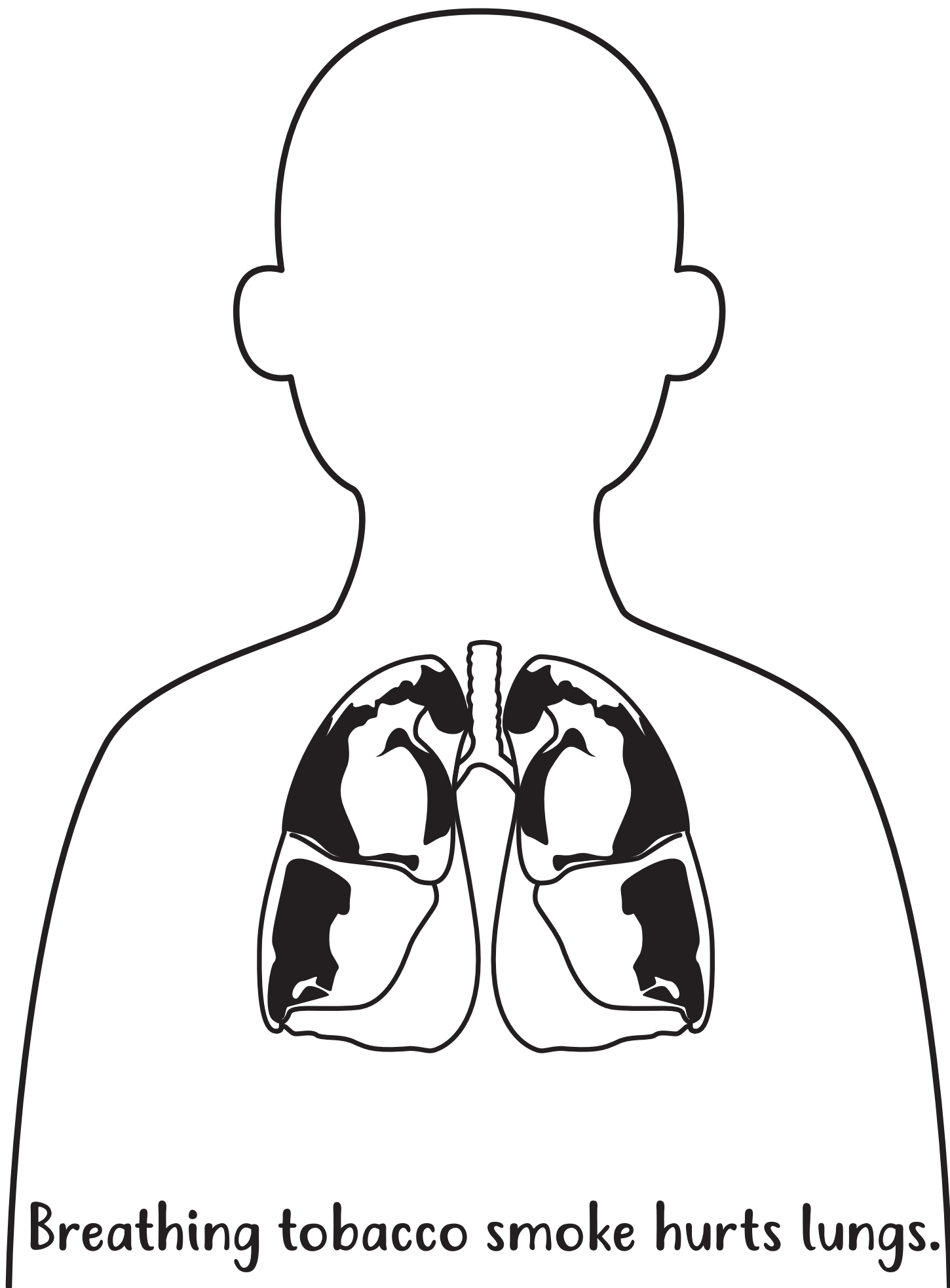
coloring book



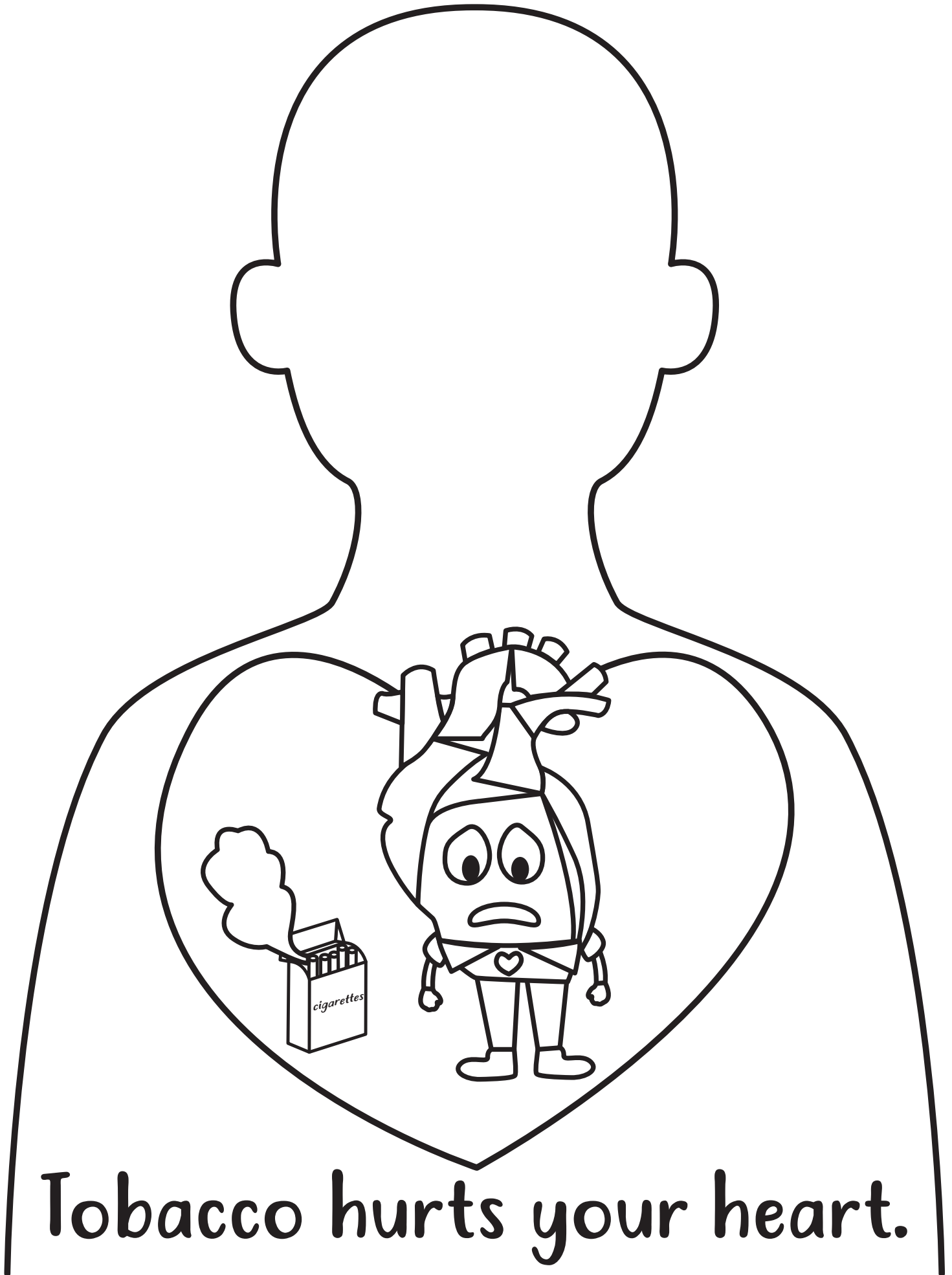
Just say no.



Smoking makes it hard to breathe.
It's hard to play when you can't breathe.



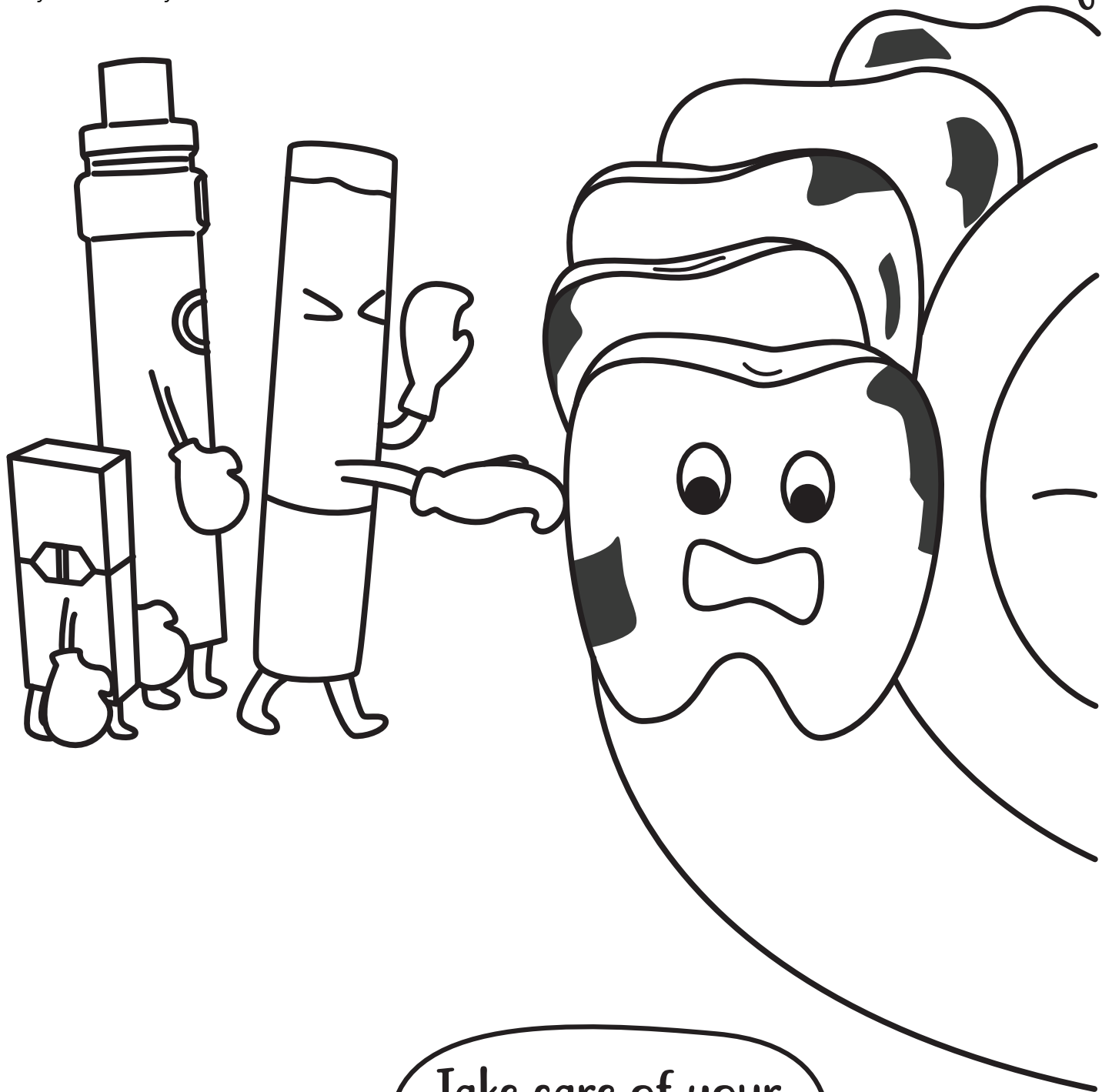
Breathing tobacco smoke hurts lungs.



Tobacco hurts your heart.



Smoking can lead to early signs of aging including wrinkles.



Take care of your teeth. Don't smoke.



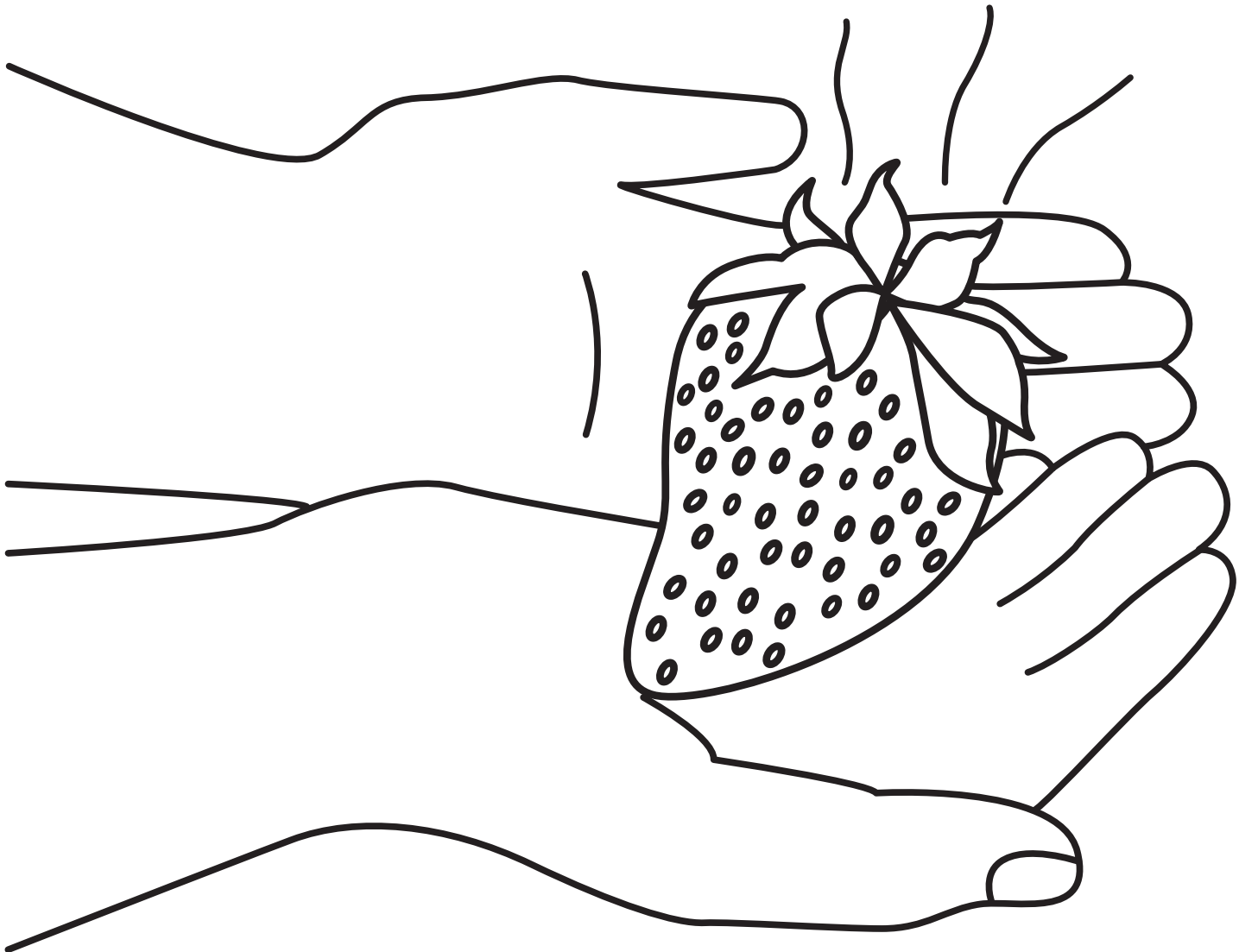
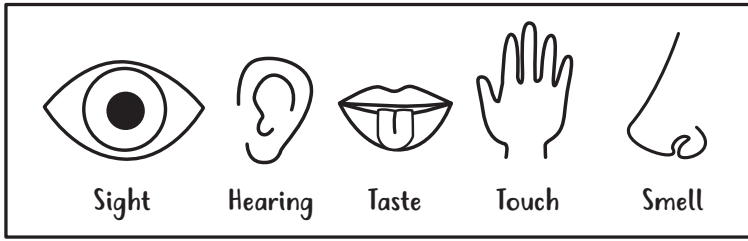
Tobacco hurts teeth. It can lead to tooth loss and gum disease.



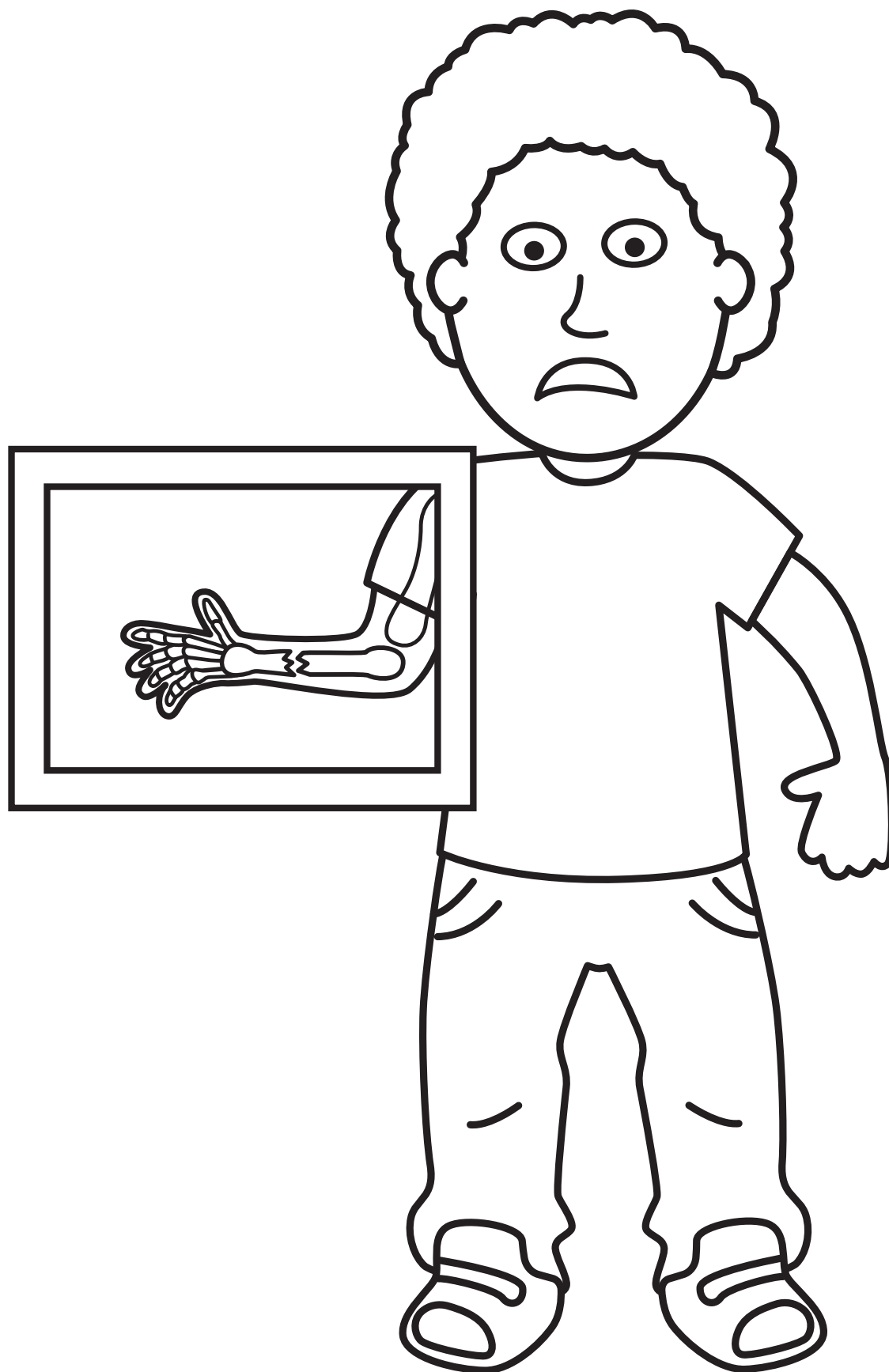
This is my fault.



Smoking causes coughing, wheezing,
and cold and flu symptoms.



Smoking reduces your sense of
smell and taste.

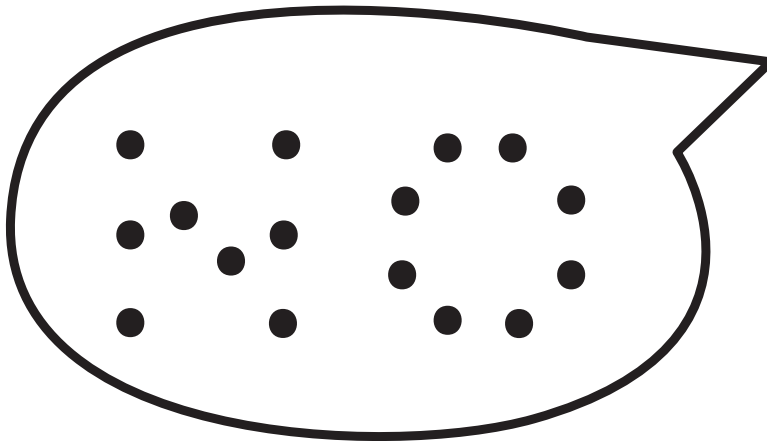


Smoking makes your bones weaker.



Smoking can cause bad breath
and can stain your teeth.

Bailey Bee says
it's okay to say



to smoking.
I say no because...



For more information about behavioral health wellness, go to
www.uky.edu/bhwell or contact Zim Okoli, PhD at 859-323-6606.